WE CLAIM:

1. A compound having the structural formula (I)

(I) $R^{4} \xrightarrow{R^{2}} R^{10} \xrightarrow{R^{10}} O$

wherein:

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X is lower hydrocarbyl;

 R^1 is $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, $-OR^{13}$, and $-SR^{13}$ wherein R^{13} is alkyl;

R⁴, R⁵, R⁶, and R⁷ are independently selected from the group consisting of hydrogen and lower alkyl;

R9 is hydrogen or hydrocarbyl; and

R¹⁰ is methyl or ethyl.

2. The compound of claim 1, having the structural formula (II)

wherein:

(II)

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X is lower alkyl; and

R⁶ is selected from the group consisting of hydrogen and lower alkyl.

3. The compound of claim 2, wherein R^6 is hydrogen.

4. The compound of claim 2, wherein R⁶ is lower alkyl.

5. The compound of claim 4, wherein R^6 is methyl.

6. A compound having the structural formula (III)

(III)
$$\mathbb{R}^{5}$$

$$\mathbb{R}^{10}$$

$$\mathbb{R}^{10}$$

$$\mathbb{R}^{10}$$

$$\mathbb{R}^{10}$$

$$\mathbb{R}^{10}$$

wherein:

 R^1 is $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl;

R² is selected from the group consisting of hydrogen, hydroxyl, alkyl, -OR¹³, and -SR¹³

wherein R13 is alkyl;

R³ is selected from the group consisting of hydrogen and hydrocarbyl;

R⁴, R⁵, and R⁷ are independently hydrogen or lower alkyl;

R⁹ is hydrogen or hydrocarbyl;

R¹⁰ is methyl or ethyl; and

 R^{19} is hydroxyl, hydroxymethyl, protected hydroxyl, protected hydroxyl, activated hydroxyl, or activated hydroxylmethyl.

7. The compoundof claim 6, having the structural formula (IV)

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wherein:

R³ is hydrogen or lower alkyl; and

R¹⁹ is hydroxyl, hydroxymethyl, -O-acetyl, or -O-tetrahydropyranyl.

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- 8. The compound of claim 7, wherein R^3 is hydrogen or methyl, and R^{19} is hydroxymethyl.
 - 9. The compound of claim 8, wherein R^3 is hydrogen.

- 10. The compound of claim 8, wherein R^3 is methyl.
- 11. The compound of claim 7, wherein R³ is hydrogen or methyl, and R¹⁹ is hydroxyl.
- 30 12. The compound of claim 11, wherein R³ is hydrogen.

- 13. The compound of claim 11, wherein R^3 is methyl.
- 14. A compound having the structural formula (V)

wherein:

R¹ is hydrogen or CR¹¹R¹², wherein R¹¹ and R¹² are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, $-OR^{13}$, and $-SR^{13}$ wherein R^{13} is alkyl;

R³ is selected from the group consisting of hydrogen and hydrocarbyl;

R⁴, R⁵, and R⁷ are independently selected from the group consisting of hydrogen and lower alkyl;

R^{6Mod} is selected from the group consisting of hydrogen, alkyl, acyl, -C(O)-aryl, -C(O)-alkyl, hydroxyl-protecting groups, and hydroxyl-activating groups;

 R^{8a} is selected from the group consisting of hydrogen, hydroxyl, oxo, and -OR¹⁸ wherein R^{18} is lower alkyl or lower acyl;

R⁹ is hydrogen or alkyl;

R¹⁰ is methyl or ethyl; and

 R^{20} is hydroxyl, hydroxymethyl, protected hydroxyl, protected hydroxyl, activated hydroxyl, activated hydroxymethyl, or

$$CH_2)_m$$
 $CH_2)_{p-1}$ CH_2 CH_2

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in which m is zero or 1, p is an integer in the range of 1 to 7 inclusive, t is zero or 1, with the proviso that when R^{8a} is oxo, t is 1, and when R^{8a} is hydrogen, t is zero, and R^{21} and R^{22} are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

 Q^1 , Q^2 , Q^3 , and Q^4 are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino.

15. The compound of claim 14, having the structural formula (VI)

wherein:

R³ is hydrogen or lower alkyl;

 R^{6Mod} is hydrogen or a hydroxyl-protecting group;

R^{8b} is selected from the group consisting of hydrogen, hydroxyl, and oxo; and R¹⁹ is hydroxyl, hydroxymethyl, protected hydroxyl, protected hydroxyl, activated hydroxyl, or activated hydroxymethyl.

- 16. The compound of claim 15, wherein R³ is hydrogen or methyl, R^{6Mod} is hydrogen or lower alkyl, R^{8b} is oxo, and R¹⁹ is hydroxyl, hydroxymethyl, -O-acetyl, or -O-tetrahydropyranyl.
 - 17. The compound of claim 16, wherein R³ is methyl.
 - 18. The compound of claim 17, wherein $R^{6\text{Mod}}$ is isopropyl.

19. A compound having the structural formula (XXVII)

5 (XXVII) R^{5} $R^{6\text{Mod}}$ R^{7}

10 wherein:

A. H. M. H. H. M. H. M. H. H.

R¹ is hydrogen or CR¹¹R¹², wherein R¹¹ and R¹² are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, -OR¹³, and -SR¹³ wherein R^{13} is alkyl;

 R^4 , R^5 , and R^7 are independently selected from the group consisting of hydrogen and

15 lower alkyl;

R^{6Mod} is selected from the group consisting of hydrogen, alkyl, acyl, -C(O)-aryl, -C(O)-alkyl, hydroxyl-protecting groups, and hydroxyl-activating groups;

R¹⁰ is methyl or ethyl; and

R¹⁹ is hydroxyl, hydroxymethyl, protected hydroxyl, protected hydroxymethyl,

20 activated hydroxyl, or activated hydroxymethyl.

20. A compound having the structural formula (XXVIII)

5 (XXVIII)
$$R^{4}$$

10 wherein:

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 R^1 is hydrogen or $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, -OR¹³, and -SR¹³ wherein R^{13} is alkyl;

R⁴, R⁵, and R⁷ are independently selected from the group consisting of hydrogen and lower alkyl;

R¹⁰ is methyl or ethyl; and

R¹⁹ is hydroxyl, hydroxymethyl, protected hydroxyl, protected hydroxymethyl, activated hydroxyl, or activated hydroxymethyl.

21. A compound having the structural formula (VII)

(VII)
$$\begin{array}{c}
Q^{1} & Q^{2} \\
 & (CH_{2})_{p-1} & C \\
 & \downarrow N \\
 & \downarrow R^{21}
\end{array}$$

wherein:

R³ is hydrogen or hydrocarbyl;

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R^{6Mod} is selected from the group consisting of hydrogen, alkyl, acyl, -C(O)-aryl, and -C(O)-alkyl, hydroxyl-protecting groups, and hydroxyl-activating groups;

R^{8b} is selected from the group consisting of hydrogen, hydroxyl, and oxo;

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

t is zero or 1, with the proviso that when R^{8a} is oxo, t is 1, and when R^{8a} is hydrogen, t is zero, and;

R²¹ and R²² are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

Q¹, Q², Q³, and Q⁴ are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino.

22. A compound having the structural formula (XVI)

(XVI)

 R^{5} R^{7} R^{10} $R^{$

wherein:

R¹ is CR¹¹R¹², wherein R¹¹ and R¹² are hydrogen or lower alkyl;

R² is selected from the group consisting of hydrogen, hydroxyl, alkyl, -OR¹³, and -SR¹³ wherein R¹³ is alkyl;

R³ is hydrogen or hydrocarbyl;

R⁴ and R⁵ are independently selected from the group consisting of hydrogen and lower alkyl;

R⁷ is hydrogen or lower alkyl;

R¹⁰ is methyl or ethyl;

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

R²¹ and R²² are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

Q¹, Q², Q³, and Q⁴ are independently selected from the group consisting of hydrogen, 5 hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino, or a pharmacologically acceptable acid addition salt thereof.

23. The compound of claim 22, having the structural formula (XVII)

(XVII)

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$$(CH_2)_m$$
 $(CH_2)_p$ $(CH_2)_p$

wherein:

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

R³ is hydrogen or lower alkyl;

 R^{21} and R^{22} are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

Q¹, Q², Q³, and Q⁴ are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino,

or a pharmacologically acceptable acid addition salt thereof.

- 24. The compound of claim 21, wherein R³ is lower alkyl.
- 25. The compound of claim 22, wherein R³ is methyl.

26. A method for synthesizing 21-hydroxy-19-norpregna-4-en-one and substituted analogs thereof, comprising treating a starting material having the structural formula (I)

(I)
$$R^{5} \longrightarrow R^{10} \longrightarrow R^{10}$$

with an alkali metal in the presence of ammonia or an alkylamine, wherein, in formula (I),

X is lower hydrocarbyl;

R¹ is CR¹¹R¹², wherein R¹¹ and R¹² are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, -OR¹³, and -SR¹³ wherein R^{13} is alkyl;

 R^4 , R^5 , R^6 , and R^7 are independently selected from the group consisting of hydrogen and lower alkyl;

R9 is hydrogen or hydrocarbyl; and

R¹⁰ is methyl or ethyl, resulting in a reaction product having the structural formula

20 (VIII)

(VIII)
$$R^{5}$$
 R^{4} R^{2} R^{10} R^{1}

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27. A method for synthesizing 21-hydroxy-19-norpregna-4-en-3-one, comprising treating (IX)

(IX)

wherein X and Y are independently lower alkyl, with an alkali metal in the presence of ammonia or an alkylamine.

28. A method for synthesizing a 7-alkyl-6-keto-1,3,5(10) estratriene, comprising contacting a 19-norpregna-4-en-3-one with gaseous oxygen in the presence of base, followed by reaction of the intermediate so provided with an alkyl halide.

29. A method for synthesizing a 7-alkyl-6-keto-1,3,5(10) estratriene having the structural formula (VIa)

(VIa) $R^{6Mod}O$ R^{8a}

wherein:

R^{3A} is lower alkyl;

R^{6Mod} is hydrogen or a hydroxyl-protecting group;

R^{8a} is hydrogen or oxo; and

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R¹⁹ is hydroxyl, hydroxymethyl, protected hydroxyl, or protected hydroxymethyl, the method comprising the steps of

(a) contacting the 19-norpregna-4-en-3-one (X)

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(X)

R15

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with oxygen in the presence of a base;

- (b) protecting the 3-hydroxyl group thus formed with a protecting group, and
- (c) treating the 3-hydroxyl-protected intermediate with an alkyl halide.

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30. A method for synthesizing an anti-estrogenic steroid having the structural formula

(XI)

$$R^{5}$$
 R^{10}
 R^{10}

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wherein:

 R^1 is $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl, and when r1 is absent, R^1 is hydrogen or alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, and -OR 13 wherein R^{13} is alkyl;

R^{3A} is lower alkyl;

 R^4 , R^5 , R^6 , and R^7 are independently selected from the group consisting of hydrogen and lower alkyl; and

R¹⁰ is methyl or ethyl;

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

 R^{21} and R^{22} are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

Q¹, Q², Q³, and Q⁴ are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino,

said method comprising:

(a) providing a starting material having the structural formula (XII)

(XIII)
$$\begin{array}{c} R^{4} \\ R^{2} \\ R^{7} \end{array}$$

(b) converting the -OH group to an -O-LG moiety wherein LG is a leaving group displaceable by nucleophilic attack, and displacing LG by reaction with a hydroxyl-containing compound having the structural formula (XIII)

(XIII)
$$Q^1 = Q^2 = Q^2$$

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- (c) oxidizing the A ring and providing a 6-keto moiety by exposure to gaseous oxygen in the presence of base;
 - (d) protecting the 3-hydroxyl group with a protecting group;
 - (e) contacting the product of step (d) with an alkyl halide, to provide a 7α -alkyl
- 5 substituent; and
 - (f) reducing the compound so provided to remove all keto moieties, with the proviso that steps (c) and (d) may occur prior to or simultaneously with step (b).
 - 31. The method of claim 30, further including (g) treating the product of step (f) with an acid to produce an acid addition salt.
 - 32. A method for synthesizing an anti-estrogenic steroid having the structural formula (XI)

(XI)
$$\begin{array}{c}
Q^{1} & Q^{2} \\
R^{2} & R^{2}
\end{array}$$

$$\begin{array}{c}
R^{10} & R^{2} \\
R^{1} & Q^{3} & Q^{4}
\end{array}$$

wherein:

 R^1 is $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl;

 R^2 is selected from the group consisting of hydrogen, hydroxyl, alkyl, and $-OR^{13}$ wherein R^{13} is alkyl;

R^{3A} is lower alkyl;

R⁴, R⁵, R⁶ and R⁷ are independently selected from the group consisting of hydrogen and lower alkyl; and

R¹⁰ is methyl or ethyl.

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

R²¹ and R²² are lower alkyl or are linked together to form a five- or six-membered

5 heterocycloalkyl ring; and

 Q^1 , Q^2 , Q^3 , and Q^4 are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino,

said method comprising:

(a) providing a starting material having the structural formula (XII)

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(XII)
$$\begin{array}{c} R^{4} \\ R^{2} \\ R^{7} \end{array}$$

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- (b) protecting the -OH group and the oxy group with protecting groups, thereby converting the compound into a diene;
 - (c) deprotecting the oxy group to form a dienone;
 - (d) contacting the product of step (b) with an alkyl lithium in the presence of a lithium halide, to provide a 7α -alkyl substituent;
 - (e) deprotecting the -OH group;
- 25 (f) effecting reaction between the -OH group and an aldehyde having the structural formula (XIV)

(XIV)
$$HO \longrightarrow \begin{array}{c} & & \\ & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ &$$

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to result in an intermediate having the structural formula (XV)

$$(XV) \qquad \qquad \begin{array}{c} Q^1 \quad Q^2 \\ (CH_2)_m - O \end{array} \qquad (CH_2)_{p-1} - CHO \\ Q^3 \quad Q^4 \qquad \qquad \vdots \\ R^7 \qquad \qquad \vdots \\ R^{10} \qquad \qquad \vdots$$

(g) treating (XV) with an alkylamine having the structure HNR²¹R²² under reaction conditions effective to produce the amine (XVI)

(XVI)
$$\begin{array}{c} Q^1 & Q^2 \\ (CH_2)_p & N \\ R^{22} \\ R^{10} & Q^3 & Q^4 \end{array} \hspace{0.5cm} ; \text{ and}$$

(h) oxidizing and thereby aromatizing the A ring by reaction with a suitable oxidizing agent or agents.

33. The method of claim 32, further including (i) treating the product of step (h) with an acid to produce an acid addition salt.

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34. A method for synthesizing an anti-estrogenic steroid having the structural formula

(XI)

(XI)

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wherein:

 R^1 is $CR^{11}R^{12}$, wherein R^{11} and R^{12} are hydrogen or lower alkyl, and when r1 is absent, R^1 is hydrogen or alkyl;

R² is selected from the group consisting of hydrogen, hydroxyl, alkyl, and -OR¹³ wherein R¹³ is alkyl;

R^{3A} is lower alkyl;

 R^4 , R^5 , R^6 , and R^7 are independently selected from the group consisting of hydrogen and lower alkyl; and

R¹⁰ is methyl or ethyl;

m is zero or 1;

p is an integer in the range of 1 to 7 inclusive;

 R^{21} and R^{22} are lower alkyl or are linked together to form a five- or six-membered heterocycloalkyl ring; and

 Q^1 , Q^2 , Q^3 , and Q^4 are independently selected from the group consisting of hydrogen, hydroxyl, carboxyl, alkoxy, alkyl, halogen, amino, and alkyl-substituted amino,

said method comprising:

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(a) providing a starting material having the structural formula (XII)

(XII)
$$R^{4} \xrightarrow{R^{2}} R^{10}$$

(b) converting the -OH group to an -O-LG moiety wherein LG is a leaving group displaceable by nucleophilic attack, and displacing LG by reaction with a hydroxyl-containing compound having the structural formula (XIII)

(XIII)
$$Q^{1} = Q^{2} = Q^{2}$$

- (c) oxidizing the A ring to form a diene and protecting resulting the 3-hydroxyl group with a protecting group;
 - (d) converting the protected 3-hydroxyl group into an oxo group, thereby forming a dienone;
 - (e) contacting the product of step (d) with an alkyl lithium in the presence of lithium halide, to provide a 7α -alkyl substituent; and
 - (f) reducing the compound so provided to remove all keto moieties.
- 35. The method of claim 34, further including (g) treating the product of step (f) with an acid to produce an acid addition salt.

a pharmaceutically acceptable carrier.

36. A pharmaceutical composition for administration of a therapeutic agent,

comprising a therapeutically effective amount of the compound of claim 20, in combination with

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- 37. A pharmaceutical composition for administration of a therapeutic agent, comprising a therapeutically effective amount of the compound of claim 21, in combination with a pharmaceutically acceptable carrier.
 - 38. A pharmaceutical composition for administration of a therapeutic agent, comprising a therapeutically effective amount of a compound having the structural formula

or a pharmaceutically acceptable acid addition salt thereof, in combination with a pharmaceutically acceptable carrier.

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39. A pharmaceutical composition for administration of a therapeutic agent, comprising a therapeutically effective amount of a compound having the structural formula

or a pharmaceutically acceptable acid addition salt thereof, in combination with a

pharmaceutically acceptable carrier.

- 40. A method for treating a human patient suffering from a prostate disorder, comprising administering to the patient, within the context of an effective dosage regimen, a therapeutically effective amount of the compound of claim 20.
- 41. A method for treating a human patient suffering from a prostate disorder, comprising administering to the patient, within the context of an effective dosage regimen, a therapeutically effective amount of the compound of claim 21.
- 42. A method for treating a human patient suffering from a prostate disorder, comprising administering to the patient, within the context of an effective dosage regimen, a therapeutically effective amount of a compound having the structural formula

or a pharmaceutically acceptable acid addition salt thereof.

43. A method for treating a human patient suffering from a prostate disorder, comprising administering to the patient, within the context of an effective dosage regimen, a therapeutically effective amount of a compound having the structural formula

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or a pharmaceutically acceptable acid addition salt thereof.

44. A method for stereoselectively adding an alkyl moiety to the 7α position of a 6
 5 keto steroid comprising providing a C ¹⁹ or C²⁰ tetrehydropyranyl protected hydroxyl moiety on the steroid and reacting the protected steroid with an alkylhalide in the presence of base.